# ROBERT CARRIER'S MENU PLANNER 

## VIC 20 COLOR COMPUTER

## cassette SOFTWARE



- Robert Carrier and VIC-20 help you plan a variety of interesting and practical meals for your family and friends


## - 120 dishes and 20 wines data-base

- Add your own dishes and wines
- Keep a complete and instantly accessible record of who had what with whom and when

This Program requires the use of an 8K or 16K RAM Expansion Cartridge in the VIC-20

## C= commodore COMPUTER

# Robert Carrier's Menu Planner 

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Robert Carrier's Menu Planner is a practical VIC-20 program with many novel and useful features. Designed in consultation with Robert Carrier, the program will suggest four course menus with wine for up to 8 people, drawing on its data base of dishes and wines (prepared specially by Robert Carrier), keep a named list of your family, friends and guests, and a complete record of who ate what with whom and when.

A full cross indexing reference system is built into the program, the data base is reviewable on screen and can be changed, deleted and updated easily and as often as you wish. With the Menu Planner program you can:-

Add new guest names, dishes and party details;
Review stored data;
Use the Planner to answer your own questions;
Keep accurate records on cassette of each alteration made in the Menu Planner.

The best way to understand how the program works and how it can help you provide a varied and interesting menu for family meals and dinner parties is to use it. Follow these instructions carefully:

## Loading and Running

1. Switch off VIC to clear the memory completely and make sure your 8 K or 16 K RAM Expansion Cartridge is plugged into the slot at the back of VIC before carrying out the following:
2. Swith on VIC. Place the OPERATING SOFTWARE cassette in the cassette deck and ensure that the tape is rewound. (NOTE: The OPERATING SOFTWARE program is recorded twice on each side of the cassette for problem-free loading.)
3. Type LOAD "MENU" (Don't forget the quotation marks) and press RETURN. VIC will respond with PRESS PLAY ON TAPE.
4. Press PLAY on the cassette deck and VIC will respond with SEARCHING FOR MENU then after a few seconds FOUND MENU LOADING. Loading will take a couple of minutes.

If VIC does not display FOUND MENU LOADING after approximately 30 seconds, carry out step 1 to 4 again. If VIC does load the program but presents LOAD ERROR on screen, carry out steps 1 to 4 again but DO NOT REWIND THE TAPE. Remember the program is recorded twice on each side of the cassette. Once the program is loaded VIC will display READY.
5. Type RUN and press RETURN.

6. This is the program title. Press the Keyboard Space Bar as requested

7. This is the Program's Main Menu. As you can see, there are 6 options. As the program cannot operate fully without data, select option 1 GET PLANNER and press RETURN. The VIC will ask you to load the Data cassette.

8. VIC will ask you to PRESS PLAY ON TAPE and will begin to search for the data. Notice the order in which the program reads the data - first dishes ( 140 including 20 wines), then guests ( Ni because you'll have to put in your own list of names), and then parties (Nil because you'll have to put in your own parties). When the left hand figures and the right hand figures are identical, the program has loaded the data and you will be returned to the Main Menu.

## 1. Starting Guest List and Adding Guests

From the Main Menu select 2 'Add to Planner'. You will then see the 'Add to Planner' menu.


To start the guest list, choose 2 'Guests' from this and type in all the people you
would like to include in your guest list. There is a limit of 30 names ( 8 K version) or 60 names ( 16 K version), so that if you have a long list put married couples as one name, eg. 'The Franks'. The program automatically remembers how many guest names you have.


To exit from this sequence type 'END' and press Return. Press Space to return to the Menu.

This guest list can be added to at any time using the same procedure.

## 2. Adding Dishes

Suppose that you wish to add some of your own dishes which are not included in Robert Carrier's list. Select option 2 from the Main Menu and the Main Add Menu appears on the screen.

Select Option 1 from the Main Add Menu and the following Menu appears on the screen:-


You want to add Chocolate Fudge Cake to the list of dishes so go through the following sequence:-

1. Is the dish a Starter, Main Course, Vegetable or Dessert? Chocolate Fudge Cake is a Dessert.
2. Since there is only a limited space available for storage of the item names, you will have to overwrite one of Robert Carrier's chosen dishes. Choose a dish which you have not used and are not likely to use (choose from either the table in this book or by 'Reviewing Dishes' - see later).
3. Write your new dish against the number of the dish you have changed eg. write "Choc. Fudge Cake" against no. 6 on page 15 'Your Own Desserts'. Note that there are only 19 spaces available for names of dishes so we've abbreviated 'chocolate' to 'choc'. Now select option 4 on the Add Menu, which gives the following screen:-


Follow the instructions on screen.


## 4. Review Planner

With this option you can inspect your code table and delete unwanted party records. Select number 3 from the Main Menu and the following screen appears:-


With dishes and guests, the tables are presented a screen-load at a time. Press 'Space' to go to the next screen.

Party details are printed in date order, the latest first.


An answer ' $Y$ ' will delete the details of this party and go on to print details of the next party. An answer ' $N$ ' will also continue with the next party but will keep this party record intact. The response 'END' will return to the 'REVIEW' Menu. To return to the 'Main Menu' from the 'Review Menu', choose option 4 'END'.

## 5. Select from Planner

Select Option 4 from the Main Menu and you can make use of the data that you've been entering so studiously! After typing ' 4 ' this Menu appears.

## 1. Menu Planner

Using the 'MENU PLANNER' option allows VIC to help you to choose a Menu. After selecting this option and pressing RETURN, a screen of suggestions for each course and a wine appears. The program then asks if you wish to keep each course in turn. (Type ' $Y$ ' or ' $N$ '). A response of ' $Y$ ' means that the dish will be retained. A response of ' $N$ ' means that VIC will in due course make another suggestion for that dish. After saying ' $Y$ ' or ' N ' to each course, VIC gives another suggested Menu retaining those courses that you indicated. VIC now prompts only for those courses that it has just changed. The sequence is repeated until you have said ' $Y$ ' to every course and wine.
'TODAY'S MENU' then appears together with the question 'CHECK FOR LAST MADE'. A response of ' $\gamma$ ' causes VIC to search through your party records to find the last time you made any of the dishes in 'TODAY'S MENU'. After the search is completed, VIC returns to 'TODAY'S MENU' and allows you to change any course as you might have made it too recently. The whole sequence is repeated until a response of ' $N$ ' is given to 'CHECK FOR LAST MADE', 'TODAY'S MENU' is retained on the screen until the 'SPACE' is pressed and you are returned to the SELECT FROM PLANNEP Menu.

## 2. Guest(s) Last Visit

Type ' 2 ' and you can find out when Martin Franks last came to dinner. The program reviews the guests. Enter the code number of Martin Franks, press RETURN then SPACE as requested. Type ' $E$ ' and RETURN to show the latest party where Martin was present.

Enter ' $Y$ ' in answer to the question 'continue' and the program searches back in time for Martin's previous visit. If there were none, you will be returned to the Menu. Answer ' N ', 'END' or any other answer and the |Menu returns. You can also check for more than one guest to see when two people were present together or separately.

## 3. Dish(es) Last Made

This displays dishes in the same way as for guests. Enter the code number of the dish you wish to trace and the program prints details of all parties containing the selected dish. To exit from this sequence type 'END' and press Return. Press Space to return to the Menu.

## 4. VIC's Choice

This option permits the computer to choose at random a selected number of guests from your list together with a random four course menu. Type in the number of guests you would like and you will see 'VIC'S CHOICE' giving guests and dishes. Press the Space Bar to return to the Select Menu, choose option 6 'END' to return to the Main Menu.

## 6. Save Planner

If you have made any changes to your planner data using 'ADD PLANNER' or 'REVIEW PLANNER' or 'DELETE PARTY', you should 'SAVE' the revised data for future use. Use a new blank cassette to save the new or updated data. You will then have both old and new records, and so have more room to store data. You will also have a back-up tape in the unlikely event of having any problems with your own PLANNER data tape.
Put a new cassette in the machine, rewound and ready.
Follow the instructions and the program gives:


After 'Saving' the planner returns to the 'Main Menu'. Type ' 6 ' and VIC ends the program.

## 7. Creating Your Own Data -Guests, Dishes, Wine

To get your own information or data into the program, you should arrange your guests and dishes in table form so that each item has its own code number. Follow Figures 1, 2, 3, 4 and 5 which are examples of dish and wine tables, and Figure 6 which is a sample guest list. PLEASE NOTE THAT YOU CAN ALSO INSPECT THE TABLES ONCE CREATED AND ENTERED USING THE 'REVIEW' OPTION OF THE PLANNER IF YOU DO NOT WISH TO KEEP WRITTEN RECORDS. The references are to page numbers of the following Robert Carrier books:-

GD
$=$ GREAT DISHES OF THE WORLD - The new Marshall Cavendish edition.

CFY $\quad=\quad \underset{\text { by Hamlyn) }}{\text { COOKING FOR YOU (Published }}$
E $\quad=$ ENTERTAINING ROBERT CARRIER (Published by Sidgwick and Jackson)
FWF $=$ FOOD, WINE AND FRIENDS (Published by Sidgwick and Jackson)
NE $\quad=$ NEW EDITION
Any name can be changed to reflect your own menu and preferred dishes. Return to the Main Menu, select 'END', then type 'RUN' and press Return to clear the existing data from the memory completely then select
option 2 'Add to Planner'. To make a list of your own dishes, choose option 1 from the Add Menu. The program now goes to the Add Dishes Menu. Select Option 1 to enter a starter.

Type 1 for first entry in answer to 'Number to change'.
Type ' $Y$ '.
The program then asks for the name of the dish. This cannot be more than 19 letters. After each entry you will be returned to the Add Dishes Menu. When you have entered as many dishes as you want, press ' 6 ' on the Add Dishes Menu to return to the Main Add Menu. Type ' 4 ' to return to the Main Menu and save to tape or display as required. To add guests from the Main Add Menu, use the program exactly as though the data tape had been loaded (see page 3).

## 8. Dishes and Wines

Starters - Fig. 1

1. CAULIFLOWER SALAD
2. CHKN/HAM CROQUETTES
3. CHKN LIVER OMELET
. 4 COLD CURRIED EGGS
4. CRAB SALAD
5. CURRIED APPLE SOUP
6. EGG APPETISER
7. FIFINE'S PIPERADE
8. GAZPACHO
9. GNOCCHI AL HERBE
10. LEEK/PUMPKIN SOUP
11. MARINATED KIPPERS
12. MARINATED MUSHROOMS
13. MED FISH SALAD
14. MOULES MARINIERE
15. MUSHROOM QUICHE
16. MUSSELS/SNAIL BUTTER
17. OEUFS FLORENTINE
18. ONIONS MONEGASQUE
19. ORANGE/CHICORY SLD
20. ORANGE VINAIGRETTE
21. PATE LIEGEOIS
22. QUICHE FINES HERBES
23. RATATOUILLE
24. ROQUEFORT QUICHE
25. SALADE NICOISE
26. SCALLOPS PROVENCAL
27. SPAGHETTI AL TONNO
28. SPAGHETTI CARBONARA
29. TOMATOES GUACAMOLE

GD (NE) 313
CFY 67
CFY67
CFY 12
E 30
GD (NE) 70
E 124
GD (NE) 102
GD (NE) 71
CFY 89
GD(NE) 61
CFY 23
E 29
GD (NE) 41
GD (NE) 144
CFY 18
GD (NE) 147
GD (NE) 96
GD (NE) 42
CFY 102
E 178
E 98
GD (NE) 54
GD (NE) 273
CFY 17
GD (NE) 304
GD (NE) 149
GD (NE) 288
CFY 80
GD (NE) 48


Your Own Starters

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| 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\frac{14}{15}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\frac{16}{17}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 30 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Example:

1. BEEF POT ROAST ..... E 126
2. BLANQUETTE DE VEAU CFY 46
3. BOEUF STROGANOFF ..... CFY 38
4. CHICKEN BROCHETTES ..... CFY 66
5. GERMAN VEAL/ALMONDS ..... E 98
6. GRILLED SEA BASS ..... E 137
7. IRISH STEW ..... GD (NE) 188
8. ITALIAN BEEF STEW ..... GD (NE) 169
9. ITALIAN LAMB CHOPS ..... GD (NE) 185
10. ITAL LIVER/ONIONS ..... E 122
11. LAMB PATTIES/BACON ..... CFY 58
12. MARIN'TD LAMB CHOPS ..... GD (NE) 185
13. MEAT LOAF ..... E 43
14. NAVARIN DE MOUTON GD (NE) 187
15. OLD ENG CHKN PIE GD (NE) 232
16. OSSO BUCCO ..... E 23
17. PILLOWS OF CHICKEN ..... E 174
18. PORK/RICE CASSEROLE ..... E 77
19. SALMON/SNAIL BUTTER ..... CFY 24
20. SCALLOPINI/LEMON ..... CFY 43
21. SALTIMBOCCA ..... GD (NE) 201
22. SHEPHERD'S PIE ..... GD (NE) 172
23. SLICED BEEF IN ASPIC CFY 41
24. SPAGHETTI BOLOGNESE ..... E 159
25. STEAK AU POIVRE ..... CFY 37
26. TURBOT IN CHAMPAGNEGD (NE) 116
27. VEAL/ASPARAGUS
28. TURKISH LAMB KEBABSE 101GD (NE) 17829. VEALOLIVESCFY 45
29. VEAU NORMANDE
CFY 43

| GD | = | GREAT DISHES OF THE WORLD - The new Marshall | E | = | ENTERTAINING (Published by Sidgwick and Jackson) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| CFY |  | Cavendish edition. <br> COOKING FOR YOU <br> (Published by Hamlyn) | FWF | $=$ | FOOD, WINE AND FRIENDS (Published by Sidgwick and Jackson) |
|  |  |  | NE |  | NEW EDITION |

Your Own Main Dishes

| 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| $2{ }^{21}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Example:

1. BAKD STUF'D MUSH
2. BEANS A L'ANCIENNE
3. BEANS HERB DRESSING
4. BRD BEANS/HERB BUTR
5. CARROTS \& MUSHROOMS
6. COURGETTES EN SLD
7. CHINESE GREEN BEANS
8. EASY SAFFRON RICE
9. FRENCH STYLE PEAS
10. GRATIN DAUPHINOIS
11. GREAT CABBAGE
12. GREEN RICE
13. LEMON GLAZED CARROTS
14. LETTUCE/GRN GOD DRG
15. NOODLES/ALMONDS
16. PETITS POIS AU LARD
17. POMMES AU BEURRE
18. POMMES FIFINE
19. PORTUGUESE RICE
20. POT' HOLLANDAISE
21. RICE/COURGETTES
22. RICE PILAFF
23. RISI E BISI
24. SAFFRON RICE SALAD
25. SALAD AVOCADO
26. SALAD MINT DRESSING
27. SALAD CAPER DRES'NG
28. SAUTEED SPINACH
29. SPINACH SALAD
30. TOMATOES PROVENCALE

| GD | GREAT DISHES OF THE <br> WORLD - The new Marshall | E | $=$ | ENTERTAINING (Published by Sidgwick and Jackson) |
| :---: | :---: | :---: | :---: | :---: |
| CFY = | Cavendish edition. <br> COOKING FOR YOU <br> (Published by Hamlyn) | FWF | = | FOOD, WINE AND FRIENDS (Published by Sidgwick and Jackson) |
|  |  | NE | $=$ | NEW EDITION |

## Your Own Vegetables

| 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Example
CCAR|R|OTIS $|R| M|U| S|H| R|O| O M / S$
. 1 ALMOND PUFFS
2. ANANAS GLACE
3. APPLE SNOW
4. APPLE PIE/ORANGE
5. ARANCE ALLA MARSALA
6. BAKED CUSTARD
7. BAKED PEARS
8. BISCUIT TORTONI
9. BRANDIED APPLE TART
10. BRIOCHES AUX PECHES
11. CASSATA
12. CHERRIES JUBILEE
13. COLD CHOC SOUFFLE
14. COLD LEMON SOUFFLE
15. COMPOTE OF BERRIES
16. COUPE CREOLE
17. CREAMY PEACH PIE
18. CREME CARAMEL
19. ENG STRAWB TRIFLE
20. GRANITA DI CAFFE
21. ICED SOUFFLES
22. LEMON MERINGUE PIE
23. LITTLE FRUIT TOWERS
24. ORANGE DESSERT
25. ORANGE WATER ICE
26. PEACH/HAZELNUT FLAN
27. PEACHES/RASPBERRIES
28. SUMMER LEMON CAKE
29. TULIPES GLACEES
30. ZABAGLIONE PUDDING

| GD | = | GREAT DISHES OF THE WORLD - The new Marshall | E | $=$ | ENTERTAINING (Published by Sidgwick and Jackson) |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Cavendish edition. | FWF | = | FOOD, WINE AND FRIENDS |
| CFY | $=$ | COOKING FOR YOU <br> (Published by Hamlyn) |  |  | (Published by Sidgwick and Jackson) |
|  |  |  | NE | = | NEW EDITION |


| 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 9 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 20 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 21 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 22 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 23 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 24 |  |  |  |  |  |  |  |  | - |  |  |  |  |  |  |  |  |
| 25 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 27 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 28 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 29 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 30 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Example:


Wines - Fig. 5
White:

1. W - SANCERRE
2. W - MUSCADET
3. $\mathbf{W}-\mathrm{CHABLIS}$
4. W - MEURSAULT
5. W - MACON-VILLAGES
6. W - GRAVES DE PORTETS
7. W - FUME BLANC
8. W - ORVIETO CLASSICO
9. RO - ROSE D'ANJOU

Red:
10. R - BEAUJOLAIS
11. R - FLEURIE
12. $R$ - BROUILLY
13. R - ST. EMILION
14. R - COTE DE BEAUNE
15. R - VOSNE-ROMANEE
16. R - CHAMBERTIN
17. R - CHATEAU TALBOT
18. R - PINOT NOIR
19. R - CHIANTI CLASSICO
20. R - RIOJA

| 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |  |  | - |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 11 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 20 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Example
$\square$

GUEST LIST-Fig. 6

| 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ${ }_{2}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }_{4}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\stackrel{8}{9}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }_{12}^{12}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }_{18}^{18}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 22 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }_{22}^{22}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\frac{22}{23}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{24}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{25}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 27 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{28}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 33 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Example:


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